



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><u>SOUP</u> Chicken Lentil Soup</p> <p><u>ENTRÉE</u> Oven Baked Pizza & Vegan Pizza</p> <p><u>SIDES</u> Roasted Broccoli & Garlic Knots</p> <p><u>SANDWICHES</u> BYO Sandwich or Lettuce Wrapped Spicy Black Bean Veggie Burger</p> <p><u>SALAD</u> Caesar Salad</p> <p><u>DESSERT</u> Ice Cream Cups</p>
<p><u>SOUP</u> Vegetable Quinoa</p> <p><u>ENTRÉE</u> Chicken Fajitas & Tofu Fajitas</p> <p><u>SIDES</u> Mexican Rice & Black Beans</p> <p><u>SANDWICHES</u> BYO Sandwich or Roasted Veggie Hummus Sandwich</p> <p><u>SALAD</u> Tossed Salad</p> <p><u>DESSERT</u> Sliced Oranges</p>	<p><u>SOUP</u> Potato Soup</p> <p><u>ENTRÉE</u> Chicken Tenders & Vegan Tofu Tenders</p> <p><u>SIDES</u> Roasted Potatoes & Steamed Peas</p> <p><u>SANDWICHES</u> BYO Sandwich or Buffalo Tofu on Focaccia Bread</p> <p><u>SALAD</u> Spinach Strawberry Balsamic Salad</p> <p><u>DESSERT</u> Red Grapes</p>	<p><u>SOUP</u> Tomato Soup</p> <p><u>ENTRÉE</u> Grilled Cheese and Vegan Grilled Cheese</p> <p><u>SIDES</u> Roasted Broccoli</p> <p><u>SANDWICHES</u> BYO Sandwich or Roasted Portobello, Arugula Red Onion on a Baguette</p> <p><u>SALAD</u> Black Bean and Corn Fiesta Salad</p> <p><u>DESSERT</u> Fruit Smoothies</p>	<p><u>SOUP</u> Vegetable Soup</p> <p><u>ENTRÉE</u> Chicken Fried Rice or Tofu Fried Rice</p> <p><u>SIDES</u> Roasted Carrots</p> <p><u>SANDWICHES</u> BYO Sandwich or Vegan Black bean Sandwich on a Soft Roll</p> <p><u>SALAD</u> Cucumber Red Onion Tomato Salad</p> <p><u>DESSERT</u> Sliced Pineapple</p>	<p><u>SOUP</u> Roasted Corn Chowder</p> <p><u>ENTRÉE</u> Veggie Spaghetti Bolognese & Vegan Spaghetti Squash</p> <p><u>SIDES</u> Baked Garlic Bread & Roasted Green Beans</p> <p><u>SANDWICHES</u> BYO Sandwich or Curry Tofu Salad in a Pita</p> <p><u>SALAD</u> Caesar Salad</p> <p><u>DESSERT</u> Mandarin Oranges</p>

DAILY ALTERNATE OPTION

Sun butter and Jelly on Whole Wheat Bread, Plain Roll or Roll with Butter
IF YOU HAVE A FOOD ALLERGY, please speak to the school nurse or the Chef Manager



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11 SOUP Mediterranean Soup ENTRÉE Greek Souvlaki & Vegan Souvlaki SIDES Lemon Potato Wedges & Squash Medley SANDWICHES BYO Sandwich or Pickled Zucchini, Carrot Cilantro with Spicy Aioli SALAD Tomato & Cucumber Salad DESSERT Lemon Poppy Pound Cake	12 SOUP Jamaican Veggie Soup ENTRÉE Jerked Chicken Legs & Vegan Jerked Tofu SIDES Black Beans & Rice or Jamaican Cabbage SANDWICHES BYO Sandwich or Roasted Portobello and Red Pepper SALAD Beet Salad DESSERT Fruit Smoothies	13 SOUP Irish Potato Soup ENTRÉE Corned Beef & Cabbage Roasted Tofu SIDES Boiled Red Bliss Potatoes & Carrots SANDWICHES BYO Sandwich or Avocado Lettuce tomato Red Onion Wrap SALAD Mixed Green Salad DESSERT Irish Bread Pudding with Caramel Sauce	14 SOUP Hot & Sour Soup ENTRÉE Chicken & Vegetable Potsticker Dim Sum SIDES Lo Mein Noodles & Steamed Broccoli SANDWICHES BYO Sandwich or Cucumber Vegan Mozz Tomato & Lettuce SALAD Asian Slaw DESSERT Sliced Oranges	15 SOUP Chicken Noodle Ethiopian Spices ENTRÉE Misir Wat: Ethiopian Red Lentil Stew SIDES Basmati Rice & Chickpeas Green Kale & Carrots SANDWICHES Build your own Sandwich or Banh Mi Sandwich SALAD Smoky Eggplant Dip DESSERT Sugar Cookies
18 No School <u>Spring Break</u>	19 No School <u>Spring Break</u>	20 No School <u>Spring Break</u>	21 No School <u>Spring Break</u>	22 No School <u>Spring Break</u>
25 No School <u>Spring Break</u>	26 No School <u>Spring Break</u>	27 No School <u>Spring Break</u>	28 No School <u>Spring Break</u>	29 No School <u>Spring Break</u>

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